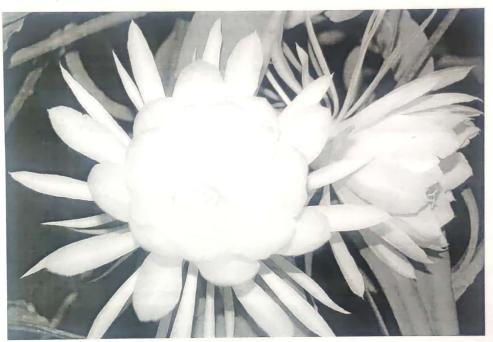
# Report on Plantation and Adoption of a Tree

Plantation and Adoption of a Tree TITLE: DURATION: From 1st Jan 2023 to 11th March 2023 Nearby places of students or in garden PLACE: ORGANIZER: NSS, Acharya Institute of Technology

### PLANTATION AND ADOPTION OF A TREE

#### 1.1 BRAHMA KAMALA PLANT

The Brahma Kamal is a rare flower known to bloom only after sunset and just once a year in the higher reaches of the Himalayas in Uttarakhand. Brahma Kamal is called the King of Himalayan Flowers, and is also the state flower of Uttarakhand

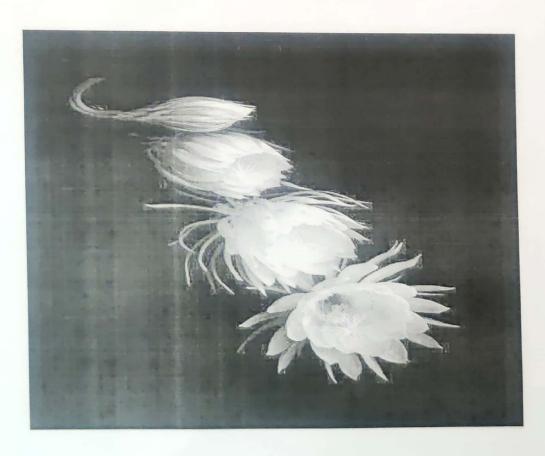


#### HISTORY

Brahma kamala is a perennial growing to 0.3 m 1 ft. The flowers are hermaphrodite have both male and female organs and are pollinated by insects. Flowers bloom in mid- monsoon July-August amongst the rocks and grasses of the hillside at an altitudinal range of 3700-4600 m. Flower heads are purple, hidden from view in layers of yellowish- green papery bracts, which provide protection from the cold mountain environment. The flowers can be seen from July through September, after which the above-ground portions of the plant die back, becoming visible again in April.

In Hindu mythology, it is said that the Brahma Kamal flower was created by Lord Brahma to help Lord Shiva in placing the head of an elephant on the body of Lord Ganesha

It is a mythological plant. According to the Bhagavad Gita, Brahma Kamal represents supreme beauty and perfection. In addition, Brahma Kamal symbolizes the Supreme Soul and the spiritual energy of God. According to Hindu scriptures, Brahma Kamal is used for meditation purposes. Brahma kamalam is a great plant to have in your terrace garden. To grow Brahma Kamal plant, you need to take leaf cuttings and put them into well-draining soil. Keep this plant in an area with indirect sunlight and water it only when the top layer of soil dries out.



## HEALTH BENEFITS

- 1. Excellent liver tonic
- 2. Maintains sexual health
- 3. Helps treat fever
- 4. May treat cough and cold
- 5. Helps in healing wounds
- 6. Treats nervous disorders
- 7. Treats menstrual problems

Signatures with Seal

**Event Coordinator** 

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